



A Brief Guide to Autism Treatments

Elisabeth Hollister Sandberg, Becky L. Spritz

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The number of intervention options available for children with autism can be overwhelming for parents. This book provides brief, user-friendly descriptions of the most commonly publicized treatments for autism, summarizing the available information in an objective and accessible way.

Each short chapter covers a single treatment from Applied Behavior Analysis to Gluten-Free Casein-Free diets, as well as lesser known therapies such as Hyperbaric Oxygen Therapy. Each includes a definition and description; a summary of the prevailing information gleaned from popular press; an explanation of what the science says; and an idea of potential costs to parents and schools.

This straight-talking and practical guide will allow parents of newly-diagnosed children, as well as any professionals working alongside them, to sift through the avalanche of advice and make their own informed choices about treatment.

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