



# The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer

*Jonathan Morris*

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FOX News religion analyst, program director of the Catholic Channel on SiriusXM radio, and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone, not just those in recovery programs. The Serenity Prayer states:

*Lord, grant me the serenity to accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference.*

Exploring the prayer phrase by phrase, Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message. Enlightening and profound, *The Way of Serenity* includes moving narratives, illuminating historical anecdotes, and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness.

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