



What We Ache For

Oriah

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In her previous books, *Oriah Mountain Dreamer* has challenged readers to live with passion and honesty, to embrace the true, fallible, human self. *What We Ache For* is a moving and eloquent call to delve deeply into our creative selves, to do our creative work, and offer it to the world.

The creative process is essential to human nature. It is as essential as spirituality and sexuality, and in fact all three are deeply intertwined. *What We Ache For* is a practical book allowing readers to embrace the urgency and necessity of their creativity, whatever their medium -- writing, painting, sculpture, dance, music, or film. As Oriah says, "Doing creative work allows us to follow the thread of what we ache for into a deeper life, offering us a way to cultivate a life of making love to the world."

Following Oriah through this journey in such chapters as "The Seduction of the Artist," "Learning to See," and "Risk and Sacrifice," *What We Ache For* challenges and inspires readers to fully embrace their artistic selves as a way of forging a path of spiritual unfolding.

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Is it anyone who having spare time and then spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something totally new? This What We Ache For can be the reply, oh how comes? It's a book you know. You are therefore out of date, spending your extra time by reading in this completely new era is common not a nerd activity. So what these guides have than the others?

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