



Light On The Origins Of Reiki: A Handbook for Practicing the Original Reiki of Usui and Hayashi

Tadao Yamaguchi

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A journey towards the origins of Reiki as it evolved from Mikao Usui's first inspirations, showing you how it was traditionally taught and practiced in Japan in the mid-thirties of the last century, including many valuable practical applications and cultural background including the traditional Master-disciple relationship, Dr. Hayashi's lectures in the Reiki seminars, natural body cleansing and Byosen (energetic empathy).

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