



Caring Economics: Conversations on Altruism and Compassion, Between Scientists, Economists, and the Dalai Lama

Tania Singer, Matthieu Ricard

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A COLLECTION OF INTERNATIONALLY RENOWNED SCIENTISTS AND ECONOMISTS IN DIALOGUE WITH HIS HOLINESS THE DALAI LAMA, ADDRESSING THE NEED FOR A MORE ALTRUISTIC ECONOMY

Can the hyperambitious, bottom-line-driven practices of the global economy incorporate compassion into the pursuit of wealth? Or is economics driven solely by materialism and self-interest? In *Caring Economics*, experts consider these questions alongside the Dalai Lama in a wide-ranging, scientific-based discussion on economics and altruism.

Begun in 1987, the Mind and Life Institute arose out of a series of conferences held with the Dalai Lama and a range of scientists that sought to form a connection between the empiricism of contemporary scientific inquiry and the contemplative, compassion-based practices of Buddhism. *Caring Economics* is based on a conference held by the Mind and Life Institute in Zurich in which experts from all over the world gathered to discuss the possibility of having a global economy focused on compassion and altruism. Each chapter consists of a presentation by an expert in the field, followed by a discussion with the Dalai Lama in which he offers his response and his own unique insights on the subject.

In this provocative and inspiring book, learn how wealth doesn't need to be selfish, how in fact, empathy and compassion may be the path to a healthier world economy.

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Daniel Miller:

People live in this new day of lifestyle always attempt to and must have the extra time or they will get large amount of stress from both day to day life and work. So , once we ask do people have free time, we will say absolutely yes. People is human not only a robot. Then we ask again, what kind of activity do you possess when the spare time coming to an individual of course your answer will certainly unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, the actual book you have read is actually Caring Economics: Conversations on Altruism and Compassion, Between Scientists, Economists, and the Dalai Lama.

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Rachel Morris:

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