



A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma

Paul J. Chara, Kathleen A. Chara

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A Safe Place for Caleb is a comprehensive and richly illustrated resource for individuals of all ages who are dealing with attachment problems. Parents, professionals, and lay people will find this book helpful in understanding and addressing attachment disorders in children, adolescents, and adults.

The first half of the book is an interactive story that follows the experiences of Caleb, a young boy who relates his difficulties and frustrations in forming and sustaining healthy relationships. He learns strategies for coping with attachment issues during his journey to the Safe Tree House, where he is introduced to the four 'attachment healing keys'. These act as therapeutic tools to unlock difficulties with attachment, and are presented using text and illustrations that are easily accessible for readers of all ages, even for young children.

The second half of the book presents a summary of current scientific thought on attachment styles and disorders, and provides a wide array of assessment tools, photocopiable material and healing techniques to address attachment difficulties. Lists of helpful organizations and relevant reading materials are also presented.

Based on established psychological principles, the book is a unique and imaginative guide for professionals, parents, caregivers, and people of all ages who are dealing with attachment issues.

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Lavinia Arthur:

Do you considered one of people who can't read enjoyable if the sentence chained inside straightway, hold on guys that aren't like that. This A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma book is readable by you who hate those straight word style. You will find the information here are arrange for enjoyable reading experience without leaving actually decrease the knowledge that want to deliver to you. The writer involving A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma content conveys thinking easily to understand by lots of people. The printed and e-book are not different in the content but it just different by means of it. So , do you nonetheless thinking A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma is not loveable to be your top checklist reading book?

Orlando Hernandez:

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Chris Walker:

A lot of people always spent their very own free time to vacation as well as go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity here is look different you can read a book. It is really fun for you personally. If you enjoy the book you read you can spent all day every day to reading a e-book. The book A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma it is quite good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. When you did not have enough space to develop this book you can buy often the e-book. You can m0ore quickly to read this book through your smart phone. The price is not too costly but this book has high quality.

Alice Ressler:

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everything we would like. A book is a pair of written, printed, illustrated or blank sheet. Every year ended up being exactly added. This guide A Safe Place for Caleb: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma was filled about science. Spend your spare time to add your knowledge about your technology competence. Some people has several feel when they reading the book. If you know how big advantage of a book, you can truly feel enjoy to read a guide. In the modern era like now, many ways to get book you wanted.

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