



Integrative Therapies for Fibromyalgia, Chronic Fatigue Syndrome, and Myofascial Pain: The Mind-Body Connection

Celeste, R.N. Cooper, Jeffrey, Ph.D. Miller

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Fibromyalgia, myofascial pain, and chronic fatigue are often seen as interchangeable. However, treatment of one can exacerbate the others. This thorough guide to natural treatments also offers techniques to dispel the “brain fog” that these disorders often create.

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