

A Coloring Book for Adults: Peacocks & Petals: Featuring 40 pages of Hand-drawn Artwork

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Peacocks & Petals

An adult coloring book designed for relaxation and leisurely creative exploration. Coloring is a gentle way to calm the mind. Among arts & crafts, coloring makes a wonderful hobby. While you choose the colors to create your picture, the repetitive action of coloring it in, focuses the brain on the present moment by blocking out any intrusive thoughts and thus creating a state of peace. Engaging in creative arts helps us deal with stress better and improves performance in other areas of life as well.

- * 44 adult coloring pages featuring intricate hand-drawn artwork on high quality white 60lb paper
- * Color with color pencils, micron pens, gel pens, markers or mix-n-match
- * Variety around Asian Indian folk inspired themes: Peacocks , Flowers , Paisleys, Henna Tattoo (original Mehndi) designs and more
- * Great routine air travel and train commute activity wherein waiting around becomes a time for creative exploration
- * Taking a Cruise over Summer? Bring along this Coloring Book and set of pencils. You wouldn't regret it.
- * Is Camping on plans for Summer? Coloring makes a nice chill-out activity along with family.
- * Add a box of coloring pencils or pens and it makes a popular art kit set for kids and teens
- * Go leisurely or go intricate. Designed for stress-relief and relaxation
- * Enjoy a vibrant health through stress-reduction and creative exploration
- * Bring refreshing change to your living room (or bedroom) utilizing the art decorations you create as personalized wall decor
- * Framed art makes a great addition to you gallery collection for seasonal interior decorating



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