



# A Cook's Guide to Chinese Vegetables

*Martha Dahlen*

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## **A Cook's Guide to Chinese Vegetables** Martha Dahlen

With many full-color illustrations and brilliant recipes, this marvelous book is now available again. Formerly known as A Guide to Chinese Market Vegetables, this invaluable book gives you all you need to know about those interesting, delicious vegetables in a Chinese supermarket. This is a great reference that you'll go to over and over, and it includes tips on identification and selection of veggies in a Chinese market, cooking advice, nutritional values, terrific full-color illustrations, and useful appendices. With an introduction by Martin Yan (Yan Can Cook PBS show) and illustrations by Karen Phillips.

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