



Quantum Memory : Working Magic with Your Memory

Mike Hernacki, Bobbi DePorter

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Quantum Memory: Working Magic with Your Memory Mike Hernacki, Bobbi DePorter A part of the brain decides if something is important before it sends it to long-term memory. Discovering "What's In It For Me" (WIIFM) is key to a strong memory. In Quantum Memory you'll learn how to: Memorize massive amounts of information with little effort; develop imagination and association skills; use the linking method, the Rainbow strategy, and the Phonetic Peg system; develop visualization; and use acronyms, creative sentences, visual and auditory cues to enhance memory. Discover the advantages to using a memory system.



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