



Psychological Challenges in Obstetrics and Gynecology

Jayne Cockburn, Michael E Pawson

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By providing the background knowledge, the book empowers the obstetrician/gynecologist to be in the key coordinating role, and to communicate effectively with all parties and health workers involved in psychological care. It meets the needs of doctors not covered by their training (e.g. Communication skills, coping and adjustment in pregnancy, communicating with cancer patients). Chapters show how to use the consultation to maximum benefit for the patient and doctor. Easy-to-read with stand-alone chapters, this book covers key aspects of O and G, and addresses areas not covered in other texts. It is relevant to all stages of O and G practice - from trainees to consultants (and some lay interest). This book offers topics in psychological care to trainees and specialist in O and G, helps them understand the emotional problems their patients face, and shows them how to undertake psychological care.

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