



# Food Allergy

*Frederic Speer*

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## **Food Allergy** Frederic Speer

Food Allergy aims to address the gap in research and literature on food allergy. Another objective of this book is to identify food allergens and provides patients with allergy a diet that is allergen-free, acceptable, and nourishing.

This second edition of the book is organized into nine chapters. Several chapters from the first edition were extensive revised. These include Chapter 2 which deals with the tendency to consider all adverse reactions to foods as allergic reactions; Chapter 4 which present additions to the classification of food allergens listed in the first edition; Chapter 5 which focuses on the management of food allergy; and Chapter 9 which examines food allergy in infants.

This book will be interest to medical professionals and others interested in understanding food allergy.

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