



Explaining Parkinson's: Second Edition

Doreen Jarrett

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Parkinson's, or the onset of Parkinson's, is a very stressful time for those who suffer it. Quite often guidance on the subject is conflicting and unclear. Explaining Parkinson's deals with Parkinson's in a very sensitive and clear way, and will be of great assistance and comfort to those who read it. The book gives advice on techniques for coping with the diagnosis, finding the right doctors, diets and, overall, dealing with the condition and the attendant stress.

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