



Misty Copeland: Power and Grace

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Power and grace define Misty Copeland—an influential ballet dancer who has broken through difficult barriers to become the first female African-American to be promoted to principal dancer at the American Ballet Theatre. Misty has proven adversity can be conquered by reaching higher and working harder to define what is humanly possible, regardless of the path one chooses to follow their dreams. In Misty’s own words, “Finding your power doesn’t have to be scary. Instead, it makes you feel in control, strong, and proud.” Through the stunning black-and-white photography of Richard Corman and Misty’s own words, her inspiring message of hope, strength, and focus speaks to young girls and women. In the introduction, Cindy Bradley, Misty’s ballet teacher who discovered and encouraged Misty to develop her talent and follow her heart, gives context to the obstacles and challenges that helped Misty find her power and achieve success. “Misty Copeland is the embodiment of the American dream.” – Bill Whitaker, 60 MINUTES

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