



Buster's Backyard Bar-b-q: Knockout Diabetes Diet

James Buster Douglas, Tony Reynolds

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Former World Heavyweight Champion, James "Buster" Douglas nearly killed by a bout with his diabetes, survives and lives to give hope to others who fight this daily battle. He shares his story of survival and shares his favorite meals in this new book to inspire young diabetics to live life to the fullest without fear of diabetes. "Boxing Champs Amazing Weight Loss Story," Oprah.Com "it's filled with easy flavorful recipes," FoxNews.Com Features 25 Easy to Fix Recipes Meals for the whole family under \$20!

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