



## Opening the Eye of New Awareness

*Donald S. Lopez Jr., The Dalai Lama*

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*Opening the Eye of New Awareness* is a succinct, thorough overview of the doctrines of Buddhism as they have been practiced for a thousand years in Tibet. The Dalai Lama here discusses the need for religious practice and the importance of kindness and compassion. Originally written for Tibetan lay people, this was the Dalai Lama's first book on Buddhist philosophy to appear in English, and Prof. Lopez's new introduction places these teachings in their proper historical context. This is an invaluable handbook for both personal use and academic study of the Buddhist path.

"Written for both Tibetan and Western readers, *Opening the Eye of New Awareness* is the Dalai Lama's first religious work. It is not an edited transcript of public lectures, but is His Holiness' own summation of Buddhist doctrine and practice. Completed in 1963, just four years after his escape from Tibet and four years after completing his religious education, it is a work of consummate scholarship by a twenty-seven year-old geshe, wise beyond his years. Nowhere in his many subsequent works does one find a more clear and concise exposition of the essentials of Buddhist thought. Indeed, all of His Holiness's many publications are in some sense commentaries on this first book.

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