



The Wounded Woman: Hope and Healing for Those Who Hurt

Dr Steve Stephens, Pam Vredevelt

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The Wounded Woman: Hope and Healing for Those Who Hurt Dr Steve Stephens, Pam Vredevelt **Hope and Healing Are at Hand**

Extraordinary emotional pain cries out for something more than a Band-Aid, a pat on the shoulder, or a greeting card cliché. When the wounds go deep, real help, honest encouragement, and tangible healing may be hard to locate. But it is there to find, and the search is worth the effort. Compassionate and experienced counselors Dr. Steve Stephens and Pam Vredevelt, LPC, have walked alongside women in pain for years—they've heard the stories, seen the tears, felt the pain, and entered into the devastation. They've also seen how wounded women can step out of darkness into hope, regain their feet, restart their lives, recover their energy, and even reclaim their joy. Real-life stories and proven, practical counsel serve as powerful tools to help you recover from past and present wounds, moving you into a new season of productive living.

Hope Is Here

“My pain is too deep for a Band-Aid.”

“Will this heartache ever end?”

“Why me?”

Today is your day...a fresh season of living has arrived.

Coming alongside as faithful friends, Dr. Steve Stephens and Pam Vredevelt meet you in the depths of your circumstances and uncover the pathway to healing. They offer an opportunity to regain your feet, restart your life, recover your energy, and reclaim your joy.

These real-life testimonies and proven, practical counsel will guide you toward complete recovery and inspire you to press forward in newfound strength—not in spite of your wounds, but *because* of them.

“I believe this is one of the most important books ever written for women. Every page is filled with nurturing wisdom and refreshing hope. At last, for every wounded woman, there is a pathway out of the hurt and pain.”
-Alice Gray, author of Treasures for Women Who Hope, coauthor of The Worn Out Woman and The Walk Out Woman

Story Behind the Book

The authors are licensed therapists who see an enormous number of women struggling with the same basic issue: wounds that result from living in an imperfect world with imperfect people. “Some are great at hiding their wounds,” they say. “Others are so overwhelmed by them that they are unable to recover and bounce back. We consistently meet women with incredible potential who are stuck in emotional pain. Unable to move forward, their wounds block them from becoming all they can be. We want to help them work through the process of letting go of this pain and progress in healing. The abundant life Jesus promises will be theirs!”

From the Trade Paperback edition.

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