



# Transforming Tales: How Stories Can Change People

*Rob Parkinson*

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## **Transforming Tales: How Stories Can Change People** Rob Parkinson

'A very interesting and unusual book...The central theme of stories for change is challenging and exciting and it offers a good deal of wisdom about working with stories and insights into the stories themselves'  
â?? Mary Medlicott, storyteller, author of Shemi's Tall Tales and Cooking up a Story

'An illuminating account of the stories behind, within, above and below metaphors. The author's style is wonderfully engaging and flows beautifully from start to finish... This book will inspire anyone who works in therapeutic, creative, educational or business settings as well as being a joyful read to those who are fascinated by stories, fables and folklore. - Jaycee la Bouche, hypnotherapist, NLP confidence coach and children's relaxation teacher, Relax Kids

"This is a source of fabulous ideas and insights on the art of storytelling I will dip into again and again. Thought provoking explanations and rich examples are underpinned with biological information all of which flow easily from Rob's huge experience and skill as a storyteller. It seems as if stories really are wound into our DNA.'

â?? Andy Vass, psychotherapist, coach and author of Teaching with Influence and Coaching and Mentoring for Leaders

The power of story in our lives is far from adequately understood in contemporary culture. Equally the therapeutic power of storytelling, how it can quite literally entrance and even heal, has been ignored until recently. Transforming Tales reveals the true of impact of stories on our lives and how stories can create feelings of hope, take away psychological distress and even stimulate the immune system.

Written by an experienced professional storyteller, this book contains over 90 short stories, from traditional fables to fascinating modern yarns, and allows readers to understand the hidden patterns storytellers use to captivate attention and learn how truths are often encapsulated in myths, jokes and fairy stories. The author focuses on the therapeutic value of stories and how they can instigate real change in people's lives. The book also reveals everything you need to know to create vibrant, memorable, original stories and short metaphors for yourself.

This extraordinary journey into imagination and understanding will be an illuminating read for those professionally concerned with psychological and personal change and anyone who wants to learn more about the power and significance of stories.

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#### **Maritza Berry:**

Reading a reserve tends to be new life style in this era globalization. With reading you can get a lot of information that may give you benefit in your life. Using book everyone in this world may share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their very own reader with their story or even their experience. Not only the storyplot that share in the publications. But also they write about the information about something that you need case in point. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors on this planet always try to improve their ability in writing, they also doing some study before they write on their book. One of them is this Transforming Tales: How Stories Can Change People.

#### **Wendy Clark:**

The book with title Transforming Tales: How Stories Can Change People includes a lot of information that you can understand it. You can get a lot of help after read this book. This specific book exist new expertise the information that exist in this guide represented the condition of the world today. That is important to yo7u to learn how the improvement of the world. This kind of book will bring you within new era of the the positive effect. You can read the e-book on your own smart phone, so you can read that anywhere you want.

#### **Leonie Blazek:**

The book untitled Transforming Tales: How Stories Can Change People contain a lot of information on the idea. The writer explains her idea with easy method. The language is very simple to implement all the people, so do certainly not worry, you can easy to read that. The book was published by famous author. The author gives you in the new period of time of literary works. You can read this book because you can read on your smart phone, or program, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open their official web-site along with order it. Have a nice go through.

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