



# Baby Boomers Guide: Caring for Aging

*Bart Astor*

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## **Baby Boomers Guide: Caring for Aging** Bart Astor

The dilemma of caring for aging parents is growing in importance, especially as a greater proportion of the population nears the age of fifty. Problems of health, finances, long term care become critical when one or both parents are no longer able to care and provide for themselves. This thoughtfully developed new guide is packed full of practical information on: How to have that difficult first conversation about an aging parent's future Determining the onset of conditions such as dementia and Alzheimer's Providing adequate insurance coverage and protecting financial assets Facing legal issues Selecting long term care and the appropriate nursing home Resource References for getting advice, information and counseling.

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