



Crianza feliz, la (Spanish Edition)

Rosa M^a Jove Montanyola

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Crianza feliz, la (Spanish Edition) Rosa M^a Jove Montanyola
Cómo cuidar y entender a tu hijo de 0 a 6 años

Una guía diferente para criar a los hijos

Una crianza feliz se puede conseguir. Ésta es la premisa de la que parte la psicóloga Rosa Jové, autora del éxito *Dormir sin lágrimas* –35.000 ejemplares vendidos–, para ayudar a los padres a cuidar y entender a su hijo desde el nacimiento hasta los 6 años. Una etapa fundamental en la que se forja buena parte de la personalidad de niño y se asientan sus estructuras emocionales.

«Solamente el bebé que se sienta satisfecho y atendido eliminará el miedo y el estrés de su vida. Será feliz».

Miedosos y temerosos

Un libro diferente, imprescindible para que en el núcleo familiar se aprenda a desarrollar ese apego saludable que todos los niños necesitan. Porque la vida de tu hijo está en tus manos.

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