

## Getting Through to Difficult Kids and Parents: Uncommon Sense for Child Professionals

Ron Taffel PhD



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## **Getting Through to Difficult Kids and Parents: Uncommon Sense for Child Professionals** Ron Taffel PhD

From experienced therapist Ron Taffel--widely known for his popular parenting guides--this is a commonsense handbook for any mental health, education, or medical professional working with challenging kids and parents. Provided are concrete strategies for building rapport with stressed-out families, getting children and adolescents to talk about what really matters, spotting developmental and psychiatric problems before a crisis develops, and developing skills to strengthen kids' self-esteem and parents' effectiveness in setting limits. Illustrative case vignettes get to the heart of what is going wrong between youngsters and their parents and show how simple, concrete interventions can make a big difference. Also covered in depth are ways for professionals to handle their own emotional responses in highly charged situations.

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