



Diet Therapy of TCM to Diseases-with CD (Chinese Edition)

fan ying

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This book is consisted of two parts. The first part of this is the overview of diet therapy in Chinese medicine, including the diet therapy method and the suitable people of diet therapy, etc. The second part is about the food nursing and treatment of common diseases with an introduction of the principles of food application in more than 40 common diseases. A CD is attached to the book for free, in which are the prescriptions and the recipes of food diet.

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