



Known and Loved: 52 Devotions from the Psalms

Caryn Rivadeneira

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Known and Loved: 52 Devotions from the Psalms Caryn Rivadeneira **Mom, you are valued and valuable.**

Behind the smiling face of many moms is a woman who, in the joyful process of raising her kids, has lost a bit of herself. If you wrestle with feelings of loneliness or are struggling to rediscover your own sense of worth, these 52 devotions drawn from the Psalms show you how God sees you, what he created you to do, and how he created you to be. Caryn Rivadeneira takes you through ten major areas of identity, weaving in stories from her own life and from the lives of other moms, to show you that you are truly known and truly loved.

"Profound, funny, and affirming. On days that can feel like they are never going to end, or at moments when we doubt that we are up to the task of mothering, this book will restore weary hearts. Highly recommend!"--Jennifer Grant, author of *MOMumental* and *Love You More*

"*Known and Loved* offers moms a refreshing dip into the Psalms, bathing their souls with comfort and encouragement found in both honest lament and joyful praise. If you've ever wondered if God understands what you're going through, if he loves you when you make mistakes, if what you're doing *matters*--you need this book!"--**Keri Wyatt Kent**, author of *Deeply Loved*

"Caryn's wise, witty, and warm words will help you enter into God's presence in a deeply reassuring and comforting way as you experience anew his desire to know and love you and discover that you are far from alone in your journey of motherhood."--**Helen Lee**, author of *The Missional Mom*

Caryn Rivadeneira is a sought-after speaker, author, and former editor of *Christian Parenting Today* and *Marriage Partnership* magazines. She is a regular contributor to *Christianity Today's Her.meneutics* blog and Today's Christian Woman magazine. She lives with her family outside of Chicago. Learn more at www.carynrivadeneira.com.



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