



Best of Irish Soups

Eileen O'Driscoll

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Soup has been part of the Irish cooking tradition for generations. A great all-rounder, soup can be served hot and steaming on a cold winter's day or chilled and refreshing in a summer brunch; as a light starter to dinner party or a meal in itself. This selection of mouth-watering and unusual soups from Ireland -- including Wild Garlic and Potato, Cream of Wild Salmon, Maire Rua soup made from fresh beetroot, Patriot Soup, Pea and Ham, Roast Plum and red cabbage -- are nutritious, delicious and easy to make. Serve with traditional, crunchy Irish brown bread, and wait for the compliments to pour in! Interesting morsels of information on associated Irish folklore and tradition enhance the recipes.



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